CPR/AED

Courses on cardiopulmonary resuscitation (CPR) provide the skills needed to recognize and respond to cardiovascular emergencies and choking for adults, children, and babies depending on the level of CPR chosen.

All include training in the use of an automated external defibrillator (AED). Courses offer training suitable for workplace or general interest. Includes the latest CPR guidelines.



Duration	Level A: 4 hours, Level C: 5 hours, Level HCP: 6 hours	
Instructor	Red Cross First Aid/CPR Instructor or Instructor Trainer	
Completion	100% attendance, skills demonstration, and 75% min. passing grade on written exam	
Certification	3-year certification in CPR Level A, C, or HCP and AED	
Recertification	Level A: not available; Level C: 4 hours; Level HCP: 5 hours	
Course Content	Level A The First Aider's role Check, Call, Care H.A.I.N.E.S. recovery position Choking—adult Assisting with medications Angina and heart attack Stroke CPR—adult Deadly bleeding Level C Level A content Choking—child and baby CPR—child and baby	Level HCP Level C content Jaw thrust Pulse check Rescue breathing—adult, child, and baby BVM—adult, child, and baby Two-rescuer CPR—adult, child, and baby Includes any other content required by specific legislation
Take-Home Materials	CPR/AED Manual Certification card and optional wall cer (or as required by legislation)	tificate CPR/AED Manual CPR/AED Manual

